

**LESSON#1**  
**THOU ART CAREFUL AND TROUBLED ABOUT MANY THINGS:**

**Luke 10:38-42**

- 38 Now it came to pass, as they went, that he entered into a certain village: and a certain woman named Martha received him into her house.
- 39 And she had a sister called Mary, which also sat at Jesus' feet, and heard his word.
- 40 But Martha **(1)was cumbered** about much serving, and came to him, and said, Lord, dost thou not care that my sister hath left me to serve alone? **(2)bid** her therefore that she help me.
- 41 And Jesus answered and said unto her, Martha, Martha, thou art careful and troubled about many things:
- 42 **But one thing is needful:** and Mary hath chosen that good part, which shall not be taken away from her.(KJV)

**Definitions:** **(1)was cumbered** about-4049 perispao-1) to draw around, to draw away, to distract 2) metaphorically, a) to be driven about mentally, to be distracted b) to be over-occupied, too busy, about a thing. **(2)bid**-2036 epo (ep'-o);-a primary verb (used only in the definite past tense, the others being borrowed from 2046, 4483, and 5346); to speak or say (by word or writing): KJV-- answer, bid, bring word, call, command, grant, say (on), speak, tell.

**Luke 10:41**

- 41 And Jesus answered and said unto her, Martha, Martha, **(3)thou art careful** and **(4)troubled** about many things:(KJV)

**Definitions:** **(3)thou art careful**-3309 merimnao-1) to be anxious, to be troubled with cares 2) to care for, to look out for (a thing) a) to seek to promote one's interests b) caring or providing for. **(4)troubled**-5706 thorubazo (thor-oo-bad'-zo);-causative of 2350; found only in Luke 10:41: to bother, to distract, to trouble... 2350 thorubeo-2) **to disturb, to throw into confusion** a) **to be troubled in mind**

**Luke 10:41 ... thou art careful and troubled about (KJV)**

**Gen 16:1-5**

- 1 Now Sarai Abram's wife bare him no children: and she had an handmaid, **an Egyptian, whose name was Hagar.**
- 2 And Sarai said unto Abram, Behold now, the LORD hath restrained me from bearing: I pray thee, go in unto my maid; it may be that I may obtain children by her. And Abram hearkened to the voice of Sarai.
- 3 **And Sarai Abram's wife took Hagar her maid the Egyptian,** after Abram had dwelt ten years in the land of Canaan, and gave her to her husband Abram to be his wife.
- 4 And he went in unto Hagar, and she conceived: and when she saw that she had conceived, her mistress was despised in her eyes.
- 5 And Sarai said unto Abram, My wrong be upon thee: I have given my maid into thy bosom; and when she saw that she had conceived, I was despised in her eyes: the LORD judge between me and thee.(KJV)

### **Mark 4:18-19**

18 And these are they which are sown among thorns; such as hear the word,  
19 And the cares of this world, and the deceitfulness of riches, and the lusts of other things entering in, choke the word, and it becometh unfruitful.(KJV)

### **Luke 8:14**

14 And that which fell among thorns are they, which, when they have heard, go forth, and **are choked with cares and riches and pleasures of this life**, and bring no fruit to perfection.

### **Luke 21:34-36**

34 And take heed to yourselves, lest at any time your hearts be overcharged with surfeiting, and drunkenness, and cares of this life, and so that day come upon you unawares.  
35 **For as a snare shall it come on all them that dwell on the face of the whole earth.**  
36 **Watch ye therefore, and pray always,** that ye may be accounted worthy to escape all these things that shall come to pass, and to stand before the Son of man.(KJV)

### **1 Cor 7:31-35**

31 **And they that use this world, as not abusing it: for the fashion of this world passeth away.**  
32 But I would have you without carefulness. He that is unmarried careth for the things that belong to the Lord, how he may please the Lord:  
33 **But he that is married careth for the things that are of the world, how he may please his wife.**  
34 There is difference also between a wife and a virgin. The unmarried woman careth for the things of the Lord, that she may be holy both in body and in spirit: **but she that is married careth for the things of the world, how she may please her husband.**  
35 And this I speak for your own profit; not that I may cast a snare upon you, but for that which is comely, and **that ye may attend upon the Lord without distraction.**(KJV)

### **Phil 4:5-9**

5 Let your moderation be known unto all men. The Lord is at hand.  
6 Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.  
7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.  
8 Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.  
9 Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you.

### **Luke 10:41 ... many things: (KJV)**

### **Eccl 6:9-12; 7:1**

9 Better is the sight of the eyes than the **wandering of the desire: this is also vanity and vexation of spirit.**

10 That which hath been is named already, and it is known that it is man: neither may he contend with him that is mightier than he.

11 **Seeing there be many things that increase vanity, what is man the better?**

12 For who knoweth what is good for man in this life, all the days of his vain life which he spendeth as a shadow? for who can tell a man what shall be after him under the sun?

## CHAPTER 7

1 A good name is better than precious ointment; and the day of death than the day of one's birth.(KJV)

### Matt 6:23-34

23 But if thine eye be evil, thy whole body shall be full of darkness. If therefore the light that is in thee be darkness, how great is that darkness!

24 **No man can serve two masters: for either he will hate the one, and love the other; or else he will hold to the one, and despise the other. Ye cannot serve God and mammon.**

25 Therefore I say unto you, Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?

26 Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them. Are ye not much better than they?

27 Which of you by taking thought can add one cubit unto his stature?

28 And why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin:

29 And yet I say unto you, That even Solomon in all his glory was not arrayed like one of these.

30 Wherefore, if God so clothe the grass of the field, which to day is, and to morrow is cast into the oven, shall he not much more clothe you, O ye of little faith?

31 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

32 **(For after all these things do the Gentiles seek:)** for your heavenly Father knoweth that ye have need of all these things.

33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

34 Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof.(KJV)

### Luke 10:41 ... additional scriptures (KJV)

#### Luke 22:31-36

31 And the Lord said, Simon, Simon, behold, Satan hath desired to have you, that he may sift you as wheat:

32 But I have prayed for thee, that thy faith fail not: and when thou art converted, strengthen thy brethren.

33 And he said unto him, Lord, I am ready to go with thee, both into prison, and to death.

34 And he said, I tell thee, Peter, the cock shall not crow this day, before that thou shalt thrice deny that thou knowest me.

35 And he said unto them, When I sent you without purse, and scrip, and shoes, lacked ye any thing? And they said, Nothing.

36 Then said he unto them, But now, he that hath a purse, let him take it, and likewise his scrip: and he that hath no sword, let him sell his garment, and buy one.(KJV)

### **Luke 22:61-63**

61 And the Lord turned, and looked upon Peter. And Peter remembered the word of the Lord, how he had said unto him, Before the cock crow, thou shalt deny me thrice.

62 And Peter went out, and wept bitterly.

63 And the men that held Jesus mocked him, and smote him.(KJV)

### **John 20:14-16**

14 And when she had thus said, she turned herself back, and saw Jesus standing, and knew not that it was Jesus.

15 Jesus saith unto her, Woman, why weepest thou? whom seekest thou? She, supposing him to be the gardener, saith unto him, Sir, if thou have borne him hence, tell me where thou hast laid him, and I will take him away.

16 Jesus saith unto her, Mary. She turned herself, and saith unto him, Rabboni; which is to say, Master.(KJV)

### **1 Cor 7:22-23**

22 For he that is called in the Lord, being a servant, is the Lord's freeman: likewise also he that is called, being free, is Christ's servant.

23 **Ye are bought with a price; be not ye the (1)servants of men.**(KJV)

**Definition: (1)servants of men-**1401 *doulos*-1) a slave, a bondman, a man of servile condition a) a slave b) metaphorically, one who gives himself up to another's will, **those whose service is used by Christ in extending and advancing His cause among men** 2) a servant, **an attendant-something that accompanies; accompanying or following.**

**Definitions: Attend-**1. to pay attention to, to look after, to be present with; accompany, to be present at; go to, to apply the mind, or pay attention: heed, to direct one's attention.

### **HERE ARE SOME SCRIPTURES TEACHING US HOW TO DIRECT OUR MINDS.**

Romans 8:5-9; Romans 12:16; Phil. 2:2-5; Phil. 3:15-19; Col. 3:1-7; 1Pet.4:1-2

## **LESSON#2 BUT ONE THING NEEDFUL**

### **Luke 10:38-42**

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39 And she had a sister called Mary, which also sat at Jesus' feet, and heard his word.

40 But Martha **was cumbered** about much serving, and came to him, and said, Lord, dost thou not care that my sister hath left me to serve alone? **bid** her therefore that she help me.

41 And Jesus answered and said unto her, Martha, Martha, **thou art careful and troubled** about many things:

42 But one thing is needful: and Mary hath chosen that good part, which shall not be taken away from her.(KJV)

#### **Luke 10:42**

42 **But one thing** is **(5)needful**: and Mary hath chosen that **(6)good** part, which shall not be taken away from her.(KJV)

**(5)needful-5532** chreia (khri'-ah);-from the base of 5530 or 5534;employment, i.e. an affair; also occasion,demand, requirement or destitution: KJV-- business, lack, necessary (-ity), need (-ful), use, want, necessity, need, duty, business.

**(6)good-18** agathos-1) of good constitution or nature 2) useful, salutary 3) good, pleasant, agreeable, joyful, happy 4) excellent, distinguished 5) upright, honorable

#### **Luke 10:42 ... one thing is needful: (KJV)**

#### **Ps 27:4**

4 One thing have I desired of the LORD, that will I seek after; that I may dwell in the house of the LORD all the days of my life, to behold the beauty of the LORD, and to inquire in his temple. (KJV)

#### **Ps 73:25-28**

25 Whom have I in heaven but thee? and there is none upon earth that I desire beside thee.

26 My flesh and my heart faileth: but God is the strength of my heart, and my portion for ever.

27 For, lo, they that are far from thee shall perish: thou hast destroyed all them that go a whoring from thee.

28 But it is good for me to draw near to God: I have put my trust in the Lord GOD, that I may declare all thy works.(KJV)

#### **Eccl 12:10-14**

10 The preacher sought to find out acceptable words: and that which was written was upright, even words of truth.

11 The words of the wise are as goads, and as nails fastened by the masters of assemblies, which are given from one shepherd.

12 And further, by these, my son, be admonished: of making many books there is no end; and much study is a weariness of the flesh.

13 **Let us hear the conclusion of the whole matter: Fear God, and keep his commandments: for this is the whole duty of man.**

14 For God shall bring every work into judgment, with every secret thing, whether it be good, or whether it be evil.(KJV)

#### **Mark 8:35-38**

35 For whosoever will save his life shall lose it; but whosoever shall lose his life for my sake and the gospel's, the same shall save it.

36 For what shall it profit a man, if he shall gain the whole world, and lose his own soul?  
37 Or what shall a man give in exchange for his soul?  
38 Whosoever therefore shall be ashamed of me and of my words in this adulterous and sinful generation; of him also shall the Son of man be ashamed, when he cometh in the glory of his Father with the holy angels.(KJV)

### **Luke 18:20-25**

20 Thou knowest the commandments, Do not commit adultery, Do not kill, Do not steal, Do not bear false witness, Honour thy father and thy mother.  
21 And he said, All these have I kept from my youth up.  
22 Now when Jesus heard these things, he said unto him, Yet lackest thou one thing: sell all that thou hast, and distribute unto the poor, and thou shalt have treasure in heaven: and **come, follow me.**  
23 **And when he heard this, he was very sorrowful: for he was very rich.**  
24 And when Jesus saw that he was very sorrowful, he said, How hardly shall they that have riches enter into the kingdom of God!  
25 For it is easier for a camel to go through a needle's eye, than for a rich man to enter into the kingdom of God.

### **John 17:3**

3 And this is life eternal, that they might know thee the only true God, and Jesus Christ, whom thou hast sent.(KJV)

### **1 Cor 13:3-7**

3 And though I bestow all my goods to feed the poor, and though I give my body to be burned, and have not charity, it profiteth me nothing.  
4 Charity suffereth long, and is kind; charity envieth not; charity vaunteth not itself, is not puffed up,  
5 Doth not behave itself unseemly, seeketh not her own, is not easily provoked, thinketh no evil;  
6 **Rejoiceth not in iniquity, but rejoiceth in the truth;**  
7 **Beareth all things, believeth all things, hopeth all things, endureth all things.**(KJV)

### **Gal 5:6-9**

6 For in Jesus Christ neither circumcision availeth any thing, nor uncircumcision; but faith which worketh by love.  
7 Ye did run well; **who did hinder you that ye should not obey the truth?**  
8 This persuasion cometh not of him that calleth you.  
9 **A little leaven leaveneth the whole lump.**(KJV)

### **Col 2:10-23**

10 And ye are complete in him, which is the head of all principality and power:  
11 In whom also ye are circumcised with the circumcision made without hands, in putting off the body of the sins of the flesh by the circumcision of Christ:  
12 **Buried with him in baptism, wherein also ye are risen with him through the faith of the operation of God, who hath raised him from the dead.**

13 And you, being dead in your sins and the uncircumcision of your flesh, hath he quickened together with him, having forgiven you all trespasses;

14 **Blotting out the handwriting of ordinances that was against us, which was contrary to us, and took it out of the way, nailing it to his cross;**

15 And having spoiled principalities and powers, he made a shew of them openly, triumphing over them in it.

16 Let no man therefore judge you in meat, or in drink, or in respect of an holyday, or of the new moon, or of the sabbath days:

17 Which are a shadow of things to come; but the body is of Christ.

18 Let no man beguile you of your reward in a voluntary humility and worshipping of angels, intruding into those things which he hath not seen, vainly puffed up by his fleshly mind,

19 And not holding the Head, from which all the body by joints and bands having nourishment ministered, and knit together, increaseth with the increase of God.

20 **Wherefore if ye be dead with Christ from the rudiments of the world,** why, as though living in the world, are ye subject to ordinances,

21 (Touch not; taste not; handle not;

22 Which all are to perish with the using;) after the **commandments and doctrines of men?**

23 Which things have indeed a shew of wisdom in will worship, and humility, and **neglecting of the body; not in any honour to the satisfying of the flesh.**(KJV)

#### **I Jn 5:11-13**

11 And this is the record, that God hath given to us eternal life, and this life is in his Son.

12 He that hath the Son hath life; and he that hath not the Son of God hath not life.

13 These things have I written unto you that believe on the name of the Son of God; that ye may know that ye have eternal life, and that ye may believe on the name of the Son of God.(KJV)

#### **Luke 10:42 ... chosen that (KJV)**

#### **Deut 30:19**

19 I call heaven and earth to record this day against you, that I have set before you life and death, blessing and cursing: therefore choose life, that both thou and thy seed may live: (KJV)

#### **Josh 24:15**

15 And if it seem evil unto you to serve the LORD, choose you this day whom ye will serve; whether the gods which your fathers served that were on the other side of the flood, or the gods of the Amorites, in whose land ye dwell: **but as for me and my house, we will serve the LORD.** (KJV)

#### **Josh 24:22**

22 And Joshua said unto the people, Ye are witnesses against yourselves that ye have chosen you the LORD, to serve him. And they said, We are witnesses. (KJV)

#### **Ps 17:15**

15 As for me, I will behold thy face in righteousness: I shall be satisfied, when I awake, with thy likeness. (KJV)

**Ps 119:30**

30 I have chosen the way of truth: thy judgments have I laid before me. (KJV)

**Ps 119:111**

111 Thy testimonies have I taken as an heritage for ever: for they are the rejoicing of my heart. (KJV)

**Ps 119:173**

173 Let thine hand help me; for I have chosen thy precepts. (KJV)

**Luke 10:42 ... good part, (KJV)**

**Ps 16:5-6**

5 The LORD is the portion of mine inheritance and of my cup: thou maintainest my lot.

6 The lines are fallen unto me in pleasant places; yea, I have a goodly heritage. (KJV)

**Ps 142:5**

5 I cried unto thee, O LORD: I said, Thou art my refuge and my portion in the land of the living. (KJV)

**Luke 10:42 ... which shall not be taken away from her. (KJV)**

**Luke 12:20**

20 But God said unto him, Thou fool, this night thy soul shall be required of thee: then whose shall those things be, which thou hast provided? (KJV)

**Luke 12:33**

33 Sell that ye have, and give alms; provide yourselves bags which wax not old, a treasure in the heavens that faileth not, where no thief approacheth, neither moth corrupteth. (KJV)

**Luke 16:2**

2 And he called him, and said unto him, How is it that I hear this of thee? give an account of thy stewardship; for thou mayest be no longer steward. (KJV)

**Luke 16:25**

25 But Abraham said, Son, remember that thou in thy lifetime receivedst thy good things, and likewise Lazarus evil things: but now he is comforted, and thou art tormented. (KJV)

**John 4:14**

14 But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life. (KJV)

**John 5:24**

24 Verily, verily, I say unto you, He that heareth my word, and believeth on him that sent me, hath everlasting life, and shall not come into condemnation; but is passed from death unto life. (KJV)

**John 10:27-28**

27 My sheep hear my voice, and I know them, and they follow me:

28 And I give unto them eternal life; and they shall never perish, neither shall any man pluck them out of my hand. (KJV)

**Rom 8:35-39**

35 Who shall separate us from the love of Christ? shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?

36 As it is written, For thy sake we are killed all the day long; we are accounted as sheep for the slaughter.

37 Nay, in all these things we are more than conquerors through him that loved us.

38 For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come,

39 Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord. (KJV)

**Col 3:3-4**

3 For ye are dead, and your life is hid with Christ in God.

4 When Christ, who is our life, shall appear, then shall ye also appear with him in glory. (KJV)

**1 Pet 1:4-5**

4 To an inheritance incorruptible, and undefiled, and that fadeth not away, reserved in heaven for you,

5 Who are kept by the power of God through faith unto salvation ready to be revealed in the last time. (KJV)

**Luke 10:42 ... additional scriptures (KJV)**

**Prov 1:29**

29 For that they hated knowledge, and did not choose the fear of the LORD: (KJV)

**Prov 4:7**

7 Wisdom is the principal thing; therefore get wisdom: and with all thy getting get understanding. (KJV)

**Prov 8:18**

18 Riches and honour are with me; yea, durable riches and righteousness. (KJV)

**Isa 56:4**

4 For thus saith the LORD unto the eunuchs that keep my sabbaths, and choose the things that please me, and take hold of my covenant; (KJV)

**Ezek 46:16**

16 Thus saith the Lord GOD; If the prince give a gift unto any of his sons, the inheritance thereof shall be his sons'; it shall be their possession by inheritance. (KJV)

**Micah 6:8**

8 He hath shewed thee, O man, what is good; and what doth the LORD require of thee, but to do justly, and to love mercy, and to walk humbly with thy God? (KJV)

**Matt 13:12**

12 For whosoever hath, to him shall be given, and he shall have more abundance: but whosoever hath not, from him shall be taken away even that he hath. (KJV)

**Matt 25:28-29**

28 Take therefore the talent from him, and give it unto him which hath ten talents.

29 For unto every one that hath shall be given, and he shall have abundance: but from him that hath not shall be taken away even that which he hath. (KJV)

**Mark 10:21**

21 Then Jesus beholding him loved him, and said unto him, One thing thou lackest: go thy way, sell whatsoever thou hast, and give to the poor, and thou shalt have treasure in heaven: and come, take up the cross, and follow me. (KJV)

**Luke 12:31**

31 But rather seek ye the kingdom of God; and all these things shall be added unto you. (KJV)

**Luke 16:12**

12 And if ye have not been faithful in that which is another man's, who shall give you that which is your own? (KJV)

**John 16:22**

22 And ye now therefore have sorrow: but I will see you again, and your heart shall rejoice, and your joy no man taketh from you. (KJV)

**1 Cor 12:31**

31 But covet earnestly the best gifts: and yet shew I unto you a more excellent way. (KJV)

**Phil 3:13**

13 Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before, (KJV)

**Heb 10:34**

34 For ye had compassion of me in my bonds, and took joyfully the spoiling of your goods, knowing in yourselves that ye have in heaven a better and an enduring substance. (KJV)