

FASTING

FASTING (No Commandment to the Church)

Matt 6:16-18

16 Moreover when ye **(1)fast**, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward.

17 But thou, when thou fastest, anoint thine head, and wash thy face;

18 That thou appear not unto men to fast, but unto thy Father which is in secret: and thy Father, which seeth in secret, shall reward thee openly.

Matt 9:14-15

14 Then came to him the disciples of John, saying, Why do we and the Pharisees **(1)fast** oft, **but thy disciples fast not?**

15 **And Jesus said unto them**, Can the children of the bridechamber **(2)mourn**, as long as the bridegroom is with them? but the days will come, when the **bridegroom** shall be taken from them, and then shall they fast. (KJV)

Definition:

(1)fast- 3522 nesteuo- to abstain from food (**religiously**): fast.

(2)mourn-3996 pentheo (pen-theh'-o); from **3997**; to grieve (the feeling or the act), 1) to mourn 2) to mourn for, to lament one: KJV-- mourn, (be-) wail. **3997** penthos (pen'-thos);strengthened from the alternate of 3958; grief: KJV-- mourning, sorrow.

Luke 5:32-35

32 I came not to call the righteous, but sinners to repentance.

33 And they said unto him, Why do the disciples of John fast often, and make prayers, and likewise the disciples of the Pharisees; but thine eat and drink?

34 And he said unto them, Can ye make the children of the bridechamber fast, while the bridegroom is with them?

35 But the days will come, when the **bridegroom** shall be taken away from them, and then shall they fast in those days. (KJV)

John 3:25-36

25 Then there arose a question between some of John's disciples and the Jews about purifying.

26 And they came unto John, and said unto him, Rabbi, he that was with thee beyond Jordan, to whom thou barest witness, behold, the same baptizeth, and all men come to him.

27 John answered and said, A man can receive nothing, except it be given him from heaven.

28 Ye yourselves bear me witness, that I said, I am not the Christ, but that I am sent before him.

29 He that hath the bride is the **bridegroom**: but the friend of the **bridegroom**, which standeth and heareth him, rejoiceth greatly because of the bridegroom's voice: this my joy therefore is fulfilled.

30 He must increase, but I must decrease.

31 He that cometh from above is above all: he that is of the earth is earthly, and speaketh of the earth: he that cometh from heaven is above all.

32 And what he hath seen and heard, that he testifieth; and no man receiveth his testimony.

33 He that hath received his testimony hath set to his seal that God is true.

34 For he whom God hath sent speaketh the words of God: for God giveth not the Spirit by measure unto him.

35 **The Father loveth the Son**, and hath given all things into his hand.

36 He that believeth on the Son hath everlasting life: and he that believeth not the Son shall not see life; but the wrath of God abideth on him.(KJV)

Acts 13:1-3

1 Now there were in the church that was at Antioch certain prophets and teachers; as Barnabas, and Simeon that was called Niger, and Lucius of Cyrene, and Manaen, which had been brought up with Herod the tetrarch, and Saul.

2 As they ministered to the Lord, and **(1)fasted**, the Holy Ghost said, Separate me Barnabas and Saul for the work whereunto I have called them.

3 And when they had fasted and prayed, and laid their hands on them, they sent them away.

Definition: (1)fasted- 3522 nesteuo- to abstain from food (**religiously**): fast.

Acts 27:33 And while the day was coming on, Paul besought them all to take meat, saying, This day is the fourteenth day that ye have tarried and continued **(1)fasting**, having taken nothing.

Definition: (1)fasting- 777 asitos- fasting, without having eaten

Acts 14:23 And when they had ordained them elders in every church, and had prayed with **fasting**, they commended them to the Lord, on whom they believed.

1 Cor 7:5 Defraud ye not one the other, except it be with consent for a time, that ye may give yourselves to **fasting and prayer**; and come together again, that Satan tempt you not for your incontinency.

Definition: fasting- 3521 nesteia- a fasting, fast; a voluntary, as a religious exercise used of private fasting

Acts 27:9 Now when much time was spent, and when sailing was now dangerous, because the **fast** was now already past, Paul admonished them,

Definition: fast-3521 nesteia-a fasting, fast a) a voluntary, as a religious exercise 1) used of private fasting 2) the public fast as prescribed by the Mosaic Law and kept yearly on the great day of atonement, the tenth of the month of Tisri (the month Tisri comprises a part of our

September and October); the fast accordingly, occurred in the autumn when navigation was usually dangerous on account of storms b) a fasting caused by want or poverty

2 Cor 6:5 In stripes, in imprisonments, in tumults, in labours, in watchings, in **fastings**;

2 Cor 11:27 In weariness and painfulness, in watchings often, in hunger and thirst, in **fastings** often, in cold and nakedness.

Definition: fastings-3521 nesteia-a fasting, fast a) a voluntary, as a religious exercise 1) used of private fasting 2) the public fast as prescribed by the Mosaic Law and kept yearly on the great day of atonement, the tenth of the month of Tisri (the month Tisri comprises a part of our September and October); the fast accordingly, occurred in the autumn when navigation was usually dangerous on account of storms b) a fasting caused by want or poverty

PRAYER (COMMANDED)

Luke 18:1 And he spake a parable unto them to this end, that **men ought always to pray**, and not to faint;

Definition: ought- 1163 dei- it is necessary, there is need of, it behooves, is right and proper; a necessity of law and command, of duty, equity

Luke 21:36 Watch ye therefore, and **pray always**, that ye may be accounted worthy to escape all these things that shall come to pass, and to stand before the Son of man.

Definition: always- 2540 kairos- a measure of time, a larger or smaller portion of time, hence: always, at every season

Rom 12:12 Rejoicing in hope; patient in tribulation; **continuing instant in prayer**;

Definition: continuing instant- 4342 proskartereo- to give constant attention to a thing

Eph 6:18 **Praying always** with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

Col 4:2 **Continue in prayer**, and watch in the same with thanksgiving;

Definition: Continue- 4342 proskartereo- to give constant attention to a thing

1Thes 5:17 Pray without ceasing.

Definition: without ceasing- 89 adialeiptos- without intermission, incessantly, without ceasing