

FOOD FOR THOUGHT  
FOR THE MARRIED IN CHRIST

This is from an old married brother in Christ that has not always known these things. But having a little more than 44 years of marital experience with my Dear wife, I would like to share some things that might help my Dearly beloved in Christ. First of all the sayings, “love at first sight and live happily ever after” is, as they say Liar, Liar pants on fire! It’s More like lust at first sight (**1Cor.7:1-5**), for TIME spent together will PROVE or DISPROVE LOVE, and that time is until DEATH do we part, according to God, through Christ and his apostles(**Matt.19:6; Rom. 7:2-3; 1Cor.7:29-30**). Think about it, we might as well work hard, in the Lord to lessen contention, this way the Lord can help us; because till death do we part, can be a VERY long time TO LIVE IN CONTENTION: even though from time to time, we will have trouble in the flesh (**1Cor.7:27-28**). But working through those troubles with patience, care, and forgiveness, using for our guide the apostle’s doctrine, which is the same thing that warned us of trouble in the flesh, will lessen contention, which causes confusion (**1Cor.14:33**) and allows more love, thereby being a Scriptural, Spiritual Marriage, SUFFERING to be OBEDIENT, **in the Lord**.

**#1.Pregnancy:** In the pregnancy BOTH MUST remember, that it is not just “My Child”, but that it is the Child of BOTH. For it takes Three to have the child. God first, for without God there can BE NO child, then, the husband and wife. The husband should keep in mind that the wife will be SUFFERING to CARRY the child, in the normal case for NINE MONTHS. Being that the child that she has been suffering to carry and is about, Lord willing to be delivered, is the child that he has implanted in THEIR PLEASURE: then if any way possible, he should be there with her in her PAIN. If not, why not? After all ye two are now ONE (**Mark10:8; Eph.5:31**). This is one of the times she will need him the most, being there for her, watching her with care, CLEAVING to her and LOVING her like he love himself; as the SCRIPTURES teach (**Matt.19:5; Mark10:7; Eph.5:25-33**). In other words, being almost as close together, as they were when the Potential child was IMPLANTED.

**#2.Lord willing after birth:** The wife should keep in mind that the husband will also be SUFFERING to WORK and to provide the moneys for ALL of the baby’s carnal needs; such as, the things that are needed for mostly the mother, to feed, clean, clothe, and care for the child, even after growing up. And this, according to Scripture, is expected to be performed by the husband, not the wife (**Titus2:4-5**), at lease until the child is “grown”, and in some cases even longer. According to scripture, he must also provide the financial Needs for the whole house. In other words: SUFFERING to CARRY the financial burden of the household, every day of his natural life (**2Thes.3:10-15; 1Tim.5:8**). But MOST OF ALL, the HUSBAND must also SUFFER to bring the child up in the **(1)nurture** and **(2)admonition** of The Lord, as Scripture teaches (**Eph.6:4**). This is to be done without any CARNAL interference from no one inside, nor outside of the household, as Scripture also teaches (**1Cor.11:1-3; Eph.6:1-2 and Eph.5:22-24 and verse 33**). He must also SUFFER to CARRY the SPIRITUAL BURDEN of striving to keep

the household, which includes himself, IN THE LORD; which is also providing for those of his own household (**1Tim.5:8**). And, this is to be done every day of the HUSBAND'S NATURAL LIFE!

### Definitions

**(1)nurture**-3809 paideia (pahee-di'-ah);from 3811; tutorage, i.e. education or training; by implication, disciplinary correction: KJV-- chastening, chastisement, instruction, nurture.3811 paideuo (pahee-dyoo'-o);from 3816; to train up a child, i.e. educate, or (by implication) discipline (by punishment): KJV-- chasten (-ise), instruct, learn, teach.

**(2)admonition**-3559 nouthesia (noo-thes-ee'-ah);from 3563 and a derivative of 5087; calling attention to, i.e. (by implication) mild rebuke or warning: KJV-- admonition.

**In Christ**, the wife's job is never done in caring for her Husband, and their children, cooking, serving, cleaning, washing and most of the time grocery shopping etc; thereby being the Help Meet that God intends (Gen.2:18 and 20). Like wise, **in Christ**, the husband's job is never done in caring for his Wife and their children, most of all Spiritually and also financially. He also is the plumber, electrician, carpenter, appliance guy, gardener, yard guy and mechanic etc; even in so called RETIREMENT! Thereby being the Provider, the Head that God intends **Eph.5:22-24; 2Thes.3:10-15; 1Tim.5:8**.

**#3.Longsuffering:** For the wife to have the opportunity to be the efficient (scriptural) chaste keeper at home, which is according to scripture, the husband must be willing to allow her to make some household decisions, and without **(\*)aggression** be patient with her in her failures. Thereby loving his wife as he loves himself, as the Lord has commanded, especially after she has really tried, and is willing to strive to do better, according to the will of God; thereby not being rebellious! We must remember God knows, for He searches the reins and the heart, which is the MIND! (See **1Pet.3:6-7**)

Likewise, for the husband to have the opportunity to be the efficient (scriptural) head of the wife/ household, the wife must be willing to allow him, that must be the head, which is according to scripture, to make the final decisions, without **(\*)aggressive interference**; thereby reverencing her husband, as the Lord has also commanded. She must also be willing to be patient with him in his failures, especially after he has really tried, and is willing to strive to do better, according to the will of God; thereby not being rebellious! We must remember God knows, for He searches the reins and the heart, which is the MIND! (See **1Pet.3:5-6**)

**Webster's Definition:(\*)without aggression** [Aggressive behavior] — *Syn.* aggressiveness, belligerence, hostility, combativeness, quarrelsomeness, militarism, forcefulness, fight\*, push\*, pushiness\*, feistiness\*, killer instinct\*.

**American Heritage Dict. Definition:** **ag-gres-sion** (...-grush"...) *n.* **1.** The act of initiating hostilities or invasion. **2.** The practice or habit of launching attacks. **3.** *Psychology.* Hostile or

destructive behavior or actions.

**1Thes 5:14** Now **(1)we exhort** you, brethren, **(2)warn** them that are **(3)unruly**, **(4)comfort** the **(5)feebleminded**, **(6)support** the **(7)weak**, **(8)be patient** toward all men. **15** See that none render evil for evil unto any man; but ever follow that which is good, both among yourselves, and to all men. **(See also Titus 1:13)**

### Definitions

**(1)we exhort**-3870 parakaleo-to instruct, to teach

**(2)warn** them that are-3560 noutheteo (noo-thet-eh'-o);from the same as 3559; to put in mind, i.e. (by implication) to caution or reprove gently: KJV-- admonish, warn.

**(3)unruly**-814 ataktos (at-ak'-toce);adverb from 813, irregularly (morally): KJV--disorderly.813 ataktos (at'-ak-tos);from 1 (as a negative particle) and a derivative of 5021; unarranged, i.e. (by implication) insubordinate (religiously): KJV-- unruly.

**(4)comfort**-3888 paramutheomai (par-am-oo-theh'-om-ahee);from 3844 and the middle voice of a derivative of 3454; to relate near, i.e. (by implication) encourage, console: KJV-- comfort.

**(5)feebleminded**-3642 oligopsuchos (ol-ig-op'-soo-khos);from 3641 and 6590; littlespirited, i.e. faint-hearted: KJV-- feebleminded.

**(6)support**-472 antechomai (an-tekh'-om-ahee);from 473 and the middle voice of 2192; to hold oneself opposite to, i.e. (by implication) adhere to; by extension to care for: KJV-- hold fast, hold to, support.

**(7)weak**-772 asthenes (as-then-ace');from 1 (as a negative particle) and the base of 4599; strengthless (in various applications, literal, figurative and moral): KJV-- more feeble, impotent, sick, without strength, weak (-er, -ness, thing).

**(8)be patient**-3114 makrothumeo-to be of a long spirit, not to lose heart a) to persevere patiently and bravely in enduring misfortunes and troubles b) to be patient in bearing the offenses and injuries of others 1) to be mild and slow in avenging 2) to be longsuffering, to be slow to anger, to be slow to punish.

**#4.NEVER, NEVER, NEVER:** being married in the Lord, share with the WORLD or with the WORLDLY minded, marital problems. Because they are of the world note the apostle John **“I Jn 4:5 They are of the world: therefore speak they of the world, and the world heareth them.”**; **(See also John17:14 and 20)**. The Body is for the Body note the apostle Paul: **“Col 1:18** And he is the head of the body, the church: who is the beginning, the firstborn from the dead; **that in all things he might have the preeminence. 19** For it pleased the Father that in him should all fulness dwell;”. All problems should be brought to those that are active Leaders of the Body, note again

the apostle Paul: “**1Thes 5:12** And we beseech you, brethren, to know them which labour among you, and are over you in the Lord, and admonish you; **13** And to esteem them very highly in love for their work's sake. And be at peace among yourselves.” This then allows a brother or a sister to receive a **scriptural remedy**, to not only marital problems, but to **ALL problems in the Lord**, note again the apostle John: “**I Jn 4:6 We are of God:** he that knoweth God heareth us; he that is not of God heareth not us. Hereby know we the spirit of truth, and the spirit of error.

**# 5.**Last but absolutely not least; **SECRETS:** For those of us that have been baptized into Christ, there **MUST** be **NO** secrets in our marriage, nor in the Church. According to God through Christ and his Apostles, it’s ashamed to even speak of those things done in secrets (**Eph.5:10-14**). Think about it, secrets are the breeding grounds for **LIES** and **DECEPTION**, thereby causing the lost of **TRUST**; and we know who Jesus said the father of **ALL** lies is (**John8:42-45; 1Cor.10:20-22**). Here is another thought, All secrets or going to be revealed, if not today then tomorrow, next week, next month, or years later, but for sure **IN THE JUDGMENT:** which will be at our **MOST** inconvenient time (**Eccl.12:14**)! Within Secrets lies a **GREAT** possibility of **disrupting** not only a marriage, but also the Church, because of the lack of **TRUST**, that it can cause (**Col.3:8-10; James3:14-16**)! We **MUST** be **TRUTHFUL** (open) to each other in our marriage, thereby having no secrets, admitting our failures to each other, understanding and forgiving each other with tender love and care, for ye two are now **ONE** (**Eph.5:31**), according to God through Christ and his Apostles. The continuance in Secrets will eventually **disrupt** not only a marriage, but also the Church. What are we trying to hide anyway, **GOD KNOWS** (**Heb.4:12-13**), let there be **LIGHT**, and it will be alright!!! (**John1:1-5 and Chapter 3:18-21; 1John1:5-10**).

**American Heritage Dict. Definition: Disrupt, disrupting -1.** To throw into confusion or disorder. **2.** To interrupt or impede the progress, movement, or procedure of. **3.** To break or burst; rupture.

**1 Cor 14:33** For God is not the author of (1)confusion, but of peace, as in all churches of the saints.

**Definition: (1)confusion-**181 akatastasia (ak-at-as-tah-see'-ah);from 182; instability, i.e. disorder: KJV-- commotion, confusion, tumult, a state of disorder, disturbance.

#### FOOD FOR THOUGHT

#### REFERENCED SCRIPTURES FOR THE MARRIED IN CHRIST

##### **1 Cor 7:1-5**

**1** Now concerning the things whereof ye wrote unto me: It is good for a man not to touch a woman. **2** Nevertheless, to avoid fornication, let every man have his own wife, and let every woman have her own husband. **3** Let the husband render unto the wife due benevolence: and likewise also the wife unto the husband. **4** The wife hath not power of her own body, but the husband: and likewise also the husband hath not power of his own body, but the wife. **5** Defraud

ye not one the other, except it be with consent for a time, that ye may give yourselves to fasting and prayer; and come together again, that Satan tempt you not for your incontinency.

**Matt 19:6** Wherefore they are no more twain, but one flesh. What therefore God hath joined together, let not man put asunder. (KJV)

**Rom 7:2-3**

**2** For the woman which hath an husband is bound by the law to her husband so long as he liveth; but if the husband be dead, she is loosed from the law of her husband. **3** So then if, while her husband liveth, she be married to another man, she shall be called an adulteress: but if her husband be dead, she is free from that law; so that she is no adulteress, though she be married to another man. (KJV)

**1 Cor 7:39-40**

**39** The wife is bound by the law as long as her husband liveth; but if her husband be dead, she is at liberty to be married to whom she will; **only in the Lord.** **40** But she is happier if she so abide, after my judgment: and I think also that I have the Spirit of God. (KJV)

**1 Cor 7:27-28**

**27** Art thou bound unto a wife? seek not to be loosed. Art thou loosed from a wife? seek not a wife. **28** But and if thou marry, thou hast not sinned; and if a virgin marry, she hath not sinned. Nevertheless such shall have trouble in the flesh: but I spare you. (KJV)

**1 Cor 14:33** For God is not the author of confusion, but of peace, as in all churches of the saints.

**Mark 10:8** And they twain shall be one flesh: so then they are no more twain, but one flesh.

**Eph. 5:31** For this cause shall a man leave his father and mother, and shall be joined unto his wife, and they two shall be one flesh.

**Matt 19:5** And said, For this cause shall a man leave father and mother, and shall cleave to his wife: and they twain shall be one flesh? (KJV)

**Mark 10:7** For this cause shall a man leave his father and mother, and cleave to his wife; (KJV)

**Eph 5:25-33**

**25** Husbands, love your wives, even as Christ also loved the church, and gave himself for it; **26** That he might sanctify and cleanse it with the washing of water by the word, **27** That he might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish. **28** So ought men to love their wives as their own bodies. He that loveth his wife loveth himself. **29** For no man ever yet hated his own flesh; but nourisheth and cherisheth it, even as the Lord the church: **30** For we are members of his body, of his flesh, and of his bones. **31** For this cause shall a man **(1)leave** his father and mother, and **(2)shall be joined** unto his wife, and they two shall be one flesh. **32** This is a great mystery: but I speak concerning Christ and the church. **33** Nevertheless let every one of you in particular so love his wife even as himself; and the wife see that she reverence her husband. (KJV)

**Definitions**

**(1)Leave-3007** leipo-1) to leave, to leave behind, to forsake, to be left behind a) to lag, to be inferior b) to be destitute of, to lack 2) to be wanting, to fail

**(2)shall be joined-4347** proskollao (pros-kol-lah'-o); from 4314 and 2853; to glue to, i.e. (figuratively) to adhere: KJV-- to glue upon, to glue to, to join oneself to closely, to cleave to, to stick to.

### **Titus 2:4-5**

**4** That they may teach the young women to be sober, to love their husbands, to love their children, **5** To be discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed. (KJV)

### **II Th 3:10-15**

**10** For even when we were with you, this we commanded you, that if any would not work, neither should he eat. **11** For we hear that there are some which walk among you disorderly, working not at all, but are busybodies. **12** Now them that are such we command and exhort by our Lord Jesus Christ, that with quietness they work, and eat their own bread. **13** But ye, brethren, be not weary in well doing. **14** And if any man obey not our word by this epistle, note that man, and have no company with him, that he may be ashamed. **15** Yet count him not as an enemy, but admonish him as a brother. (KJV)

**1 Tim 5:8** But if any provide not for his own, and specially for those of his own house, he hath denied the faith, and is worse than an infidel. (KJV)

**Eph 6:4** And, ye fathers, provoke not your children to wrath: but bring them up in the nurture and admonition of the Lord. (KJV)

### **1 Cor 11:1-3**

**1** Be ye followers of me, even as I also am of Christ. **2** Now I praise you, brethren, that ye remember me in all things, and keep the ordinances, as I delivered them to you. **3** But I would have you know, that the head of every man is Christ; and the head of the woman is the man; and the head of Christ is God. (KJV)

### **Eph 6:1-2**

**1** Children, obey your parents in the Lord: for this is right. **2** Honour thy father and mother; (which is the first commandment with promise;) (KJV)

### **Eph 5:22-24**

**22** Wives, submit yourselves unto your own husbands, as unto the Lord. **23** For the husband is the **(\*)head** of the wife, even as Christ is the **(\*)head** of the church: and he is the saviour of the body. **24** Therefore as the church is subject unto Christ, so let the wives be to their own husbands in every thing. (KJV)

**Definition: (\*)head-2776** kephale-2) metaphorically, anything supreme, chief, prominent a) used of persons, master, lord: used of a husband in relation to his wife b) used of Christ: the Lord of the husband and of the ekklesia

**Eph 5:33** Nevertheless let every one of you in particular so love his wife even as himself; and the wife see that she reverence her husband. (KJV)

**1 Pet 3:6-7**

**6** Even as Sara obeyed Abraham, calling him lord: whose daughters ye are, as long as ye do well, and are not afraid with any (1)amazement.

**7** Likewise, ye husbands, dwell with them according to knowledge, giving honour unto the wife, as unto the **(2)weaker (43)vessel**, and as being heirs together of the grace of life; that your prayers be not hindered. (KJV)

**Definitions**

**(1)**not afraid with any **Amazement**-4423 ptoesis (pto'-ay-sis);from 4422; alarm: KJV-- amazement.4422 ptoeo (pto-eh'-o);probably akin to the alternate of 4098 (through the idea of causing to fall) or to 4072 (through that of causing to fly away); to scare: KJV-- frighten.

**(2)Weaker**-772 asthenes-weak, infirm, feeble

**(3)Vessel**-4632 skeuos (skyoo'-os);of uncertain affinity; a vessel, implement, equipment or apparatus (literally or figuratively [specifically, a wife as contributing to the usefulness of the husband]): KJV-- goods, sail, stuff, vessel.

**1 Pet 3:5-6**

**5** For after this manner in the old time the holy women also, who trusted in God, adorned themselves, being in subjection unto their own husbands:

**6** Even as Sara obeyed Abraham, calling him lord: whose daughters ye are, **(1)as long as ye do well**, and are not afraid with any amazement. (KJV)

**Definition**

**(1)As long as ye do well**-15 agathopoieo (ag-ath-op-oy-eh'-o);from 17; to be a well-doer (as a favor or a duty): KJV-- (when) do good (well).17 agathopoiios (ag-ath-op-oy-os');from 18 and 4160; a well-doer, i.e. virtuous: KJV-- them that do well.

**Eph 5:10-14**

**10** Proving what is acceptable unto the Lord. **11** And have no fellowship with the unfruitful works of darkness, but rather reprove them. **12** For it is a shame even to speak of those things which are done of them in secret. **13** But all things that are reprov'd are made manifest by the light: for whatsoever doth make manifest is light. **14** Wherefore he saith, Awake thou that sleepest, and arise from the dead, and Christ shall give thee light. (KJV)

**John 8:42-45**

**42** Jesus said unto them, If God were your Father, ye would love me: for I proceeded forth and came from God; neither came I of myself, but he sent me. **43** Why do ye not understand my speech? even because ye cannot hear my word. **44** Ye are of your father the devil, and the lusts of your father ye will do. He was a murderer from the beginning, and abode not in the truth, because there is no truth in him. When he speaketh a lie, he speaketh of his own: for he is a liar, and the father of it. **45** And because I tell you the truth, ye believe me not. (KJV)

**1 Cor 10:20-22**

**20** But I say, that the things which the Gentiles sacrifice, they sacrifice to devils, and not to God: and I would not that ye should have fellowship with devils. **21** **Ye cannot** drink the cup of the Lord, and the cup of devils: **ye cannot** be partakers of the Lord's table, and of the table of devils. **22** Do we provoke the Lord to jealousy? are we stronger than he? (KJV)

**Ecc 12:14** For God shall bring every work into judgment, with every secret thing, whether it be good, or whether it be evil. (KJV)

**Col 3:8-10**

**8** But now ye also put off all these; anger, wrath, malice, blasphemy, filthy communication out of your mouth **9** Lie not one to another, seeing that ye have put off the old man with his deeds; **10** And have put on the new man, which is renewed in knowledge after the image of him that created him: (KJV)

**James 3:14-16**

**14** But if ye have bitter envying and strife in your hearts, glory not, and lie not against the truth. **15** This wisdom descendeth not from above, but is earthly, sensual, devilish. **16** For where envying and strife is, there is confusion and every evil work. (KJV)

**Eph. 5:31** For this cause shall a man leave his father and mother, and shall be joined unto his wife, and they two shall be one flesh.

**Heb 4:12-13**

**12** For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart. **13** Neither is there any creature that is not manifest in his sight: but all things are naked and opened unto the eyes of him with whom we have to do. (KJV)

**John 1:1-5**

**1** In the beginning was the Word, and the Word was with God, and the Word was God. **2** The same was in the beginning with God. **3** All things were made by him; and without him was not any thing made that was made. **4** In him was life; and the life was the light of men. **5** And the light shineth in darkness; and the darkness comprehended it not. (KJV)

**John 3:18-21**

**18** He that believeth on him is not condemned: but he that believeth not is condemned already, because he hath not believed in the name of the only begotten Son of God. **19** And this is the condemnation, that light is come into the world, and men loved darkness rather than light, because their deeds were evil. **20** For every one that doeth evil hateth the light, neither cometh to the light, lest his deeds should be reproved. **21** But he that doeth truth cometh to the light, that his deeds may be made manifest, that they are wrought in God. (KJV)

**I Jn 1:5-10**

**5** This then is the message which we have heard of him, and declare unto you, that God is light, and in him is no darkness at all. **6** If we say that we have fellowship with him, and walk in darkness, we lie, and do not the truth: **7** But if we walk in the light, as he is in the light, we have

fellowship one with another, and the blood of Jesus Christ his Son cleanseth us from all sin. **8** If we say that we have no sin, we deceive ourselves, and the truth is not in us. **9** If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. **10** If we say that we have not sinned, we make him a liar, and his word is not in us. (KJV)